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Our mission is to save lives by empowering those facing unplanned pregnancies with hope and life-affirming choices.



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Gear Up for Good —— Shop IMGNLife Merch!

There's something for everyone; all our merchandise is designed to make a statement while supporting IMGNLife! You can start your day right with our sleek black coffee mug adorned with your favorite pro-life organization's logo. Sip your favorite brew with meaning and support a cause close to your heart. You can also grab a Silipint cup and whether you're picnicking in the park, enjoying a barbecue with friends, or simply unwinding on your patio, these cups are the ideal companions for sipping your favorite beverages in style.



But that's not all – with either option you're not just upgrading your drinkware; you're also making a difference in your community. Proceeds from each purchase goes directly to supporting your local pregnancy medical center, providing vital resources and support to those facing an unplanned pregnancy in our community.



Visit imgnlife.org/shop or scan the QR to grab some merch today!







Hello, IMGNLife fam!! With the sun rising early and setting late and the temperature optimal for outdoor activities – like walking, running, riding a bike, swimming – we hope that you are taking advantage of the beautiful days during these summer months.

Let me start by taking a moment to express our deepest gratitude for your incredible generosity to close out 2023, sustaining us halfway into 2024. Thanks to your contributions, we were able to renovate our clinic and expand programs & services that reach more abortion-vulnerable in our community. Over the last year, we've had 360 lives spared from the violence of abortion; 180 women that didn't have to live with the regret of an abortion & 180 babies that got to take their first breath. Your investment and partnership in this life-affirming work continues to make a huge difference and we just wanted you to know how much it means and know that we couldn't do it without you.

Over the years, it's been common for us to face a \$30,000 deficit going into the final quarter of the year, and every year (without fail) the Lord has covered that need. However, 2023 was a difficult year financially for many, us included. We were facing a deficit well over \$100,000 which I thought was insurmountable. But once again, the Lord came through in unexpected ways, down to the very last day of the year, getting us within \$100 of our fundraising goal for the year. Praise the Lord!

The account of Mary's unplanned pregnancy from Luke 1 comes to mind, (v.30) where Gabriel says to Mary, "Do not be afraid, for you have found favor with God". I feel that the Lord is saying, "Don't be anxious about finances, IMGNLife and partners have found favor with Me...I will meet your needs...(v.37) For nothing will be impossible (or insurmountable) with God."

Once again, thank you from the bottom of our hearts. Your generosity continues to spare lives and foster a culture of life in our community.

Christian Johnson CEO, IMGNLife Ministries

Patient Highlights

Our patients often share heartfelt testimonials about their experiences at our pregnancy center, highlighting the support and care they received during challenging times. These testimonials not only demonstrate the impact of our services but also underscore the importance of donor support in making these life-changing experiences possible.

Everyone here is always so easy to talk to and non judgmental.

-Leila A.

I felt comfortable in the space to talk and get a lot off my chest.

-Fatima K.

The peace and comfort of the staff and office, it was so encouraging to experience the love of God here

-Maya L.

Being heard and reminded the love God has for me and that I am not alone for He is with me. I thank God for bringing me here.

-Isabella C.

Being able to realize I am a good mother and determined to continue to parent.

-Carmen V.

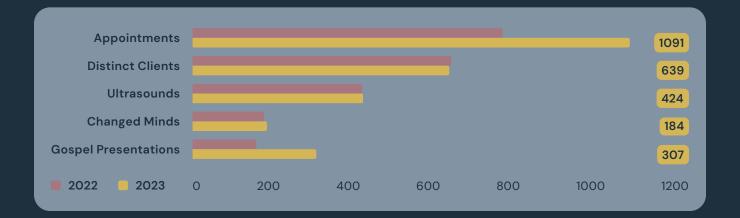
Very helpful and calming I finally feel like I've been thrown a lifeboat.

-Esra M.

IN 2023, WE SAW THE MOST ABORTION-MINDED PATIENTS IN OUR HISTORY!

With your support, our medical pregnancy center was able to serve 639 distinct clients with 1091 appointments in 2023!

We provided 424 ultrasounds and presented the gospel to 307 clients. The efforts to empower those facing unplanned pregnancies with hope and life-affirming choices directly resulted in 184 changed minds. Thanks to our fatherhood program, we were able to make a difference in the lives of 140 men. Praise God!



Meet the New Faces at IMGNLife



Mike Maher. **Board Member**



Dr. Rodd Flynn, **Board Member**



Rori Bond. Director of Operations



Stacey Brown, Director of Development



Samara (Sam) Morales. **Event Coordinator**







STI Program Gets Power Up from REC Grant

We are excited to announce that we have received a \$5,000 Power of Change grant from the Rappahannock Electric Cooperative (REC). We are grateful to REC for this generous contribution, which allowed us to update our examination room for the Sexually Transmitted Infection (STI) project currently in progress. Aligned with our mission, the STI program helps us positively impact lives in our community by offering culturally relevant and practical medical assistance to sexually active young adults. This support is made possible by the generosity of the Rappahannock Electric Cooperative member-owners who round up their electric bills through The Power of Change program. With this backing, we can make a significant impact in the lives of women in our community.

For more information about The Power of Change, please visit: thepowerofchange.org



STAFF —

Highlight

Hey, there! My name is Katie Hinton and I have loved living here in Fredericksburg most of my life (not getting nearly enough snow being my one complaint). My favorite thing is living with two of my sisters and spending as much time as possible with the rest of my family who are spread out across the states and overseas. When time and life allow, I enjoy pottery making and teaching at a local art studio as well as staying involved in teen girls ministry. Though I have had the opportunity to



travel to many unique places around the world, I continually love coming home to the variety of beauty that Virginia holds, including all of the wonderful clientele at Choices Women's Center (CWC).

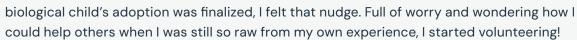
I serve as the Patient Care Coordinator for CWC, and since 2016, my privilege has been watching thousands of individuals walk in the front door of this ministry. Each face carries with it a story as unique as their fingerprint and each heart carries just as much need for hope as yours or mine. Growing up with parents who welcomed new life into their home (I am one of 10 children), I enjoyed the security that a loving family brings and have been familiar with and involved in the pro-life movement from a young age. But having a daily, up-close view of the unexpected and unwanted pregnancies that the men and women of Fredericksburg face has largely broadened my perspective, and continues to do so. Not only do I see a baby in need of a voice, but now I first see a heartbroken woman bound by her fear and pain, looking for answers. I see a searching man not knowing if he fits in anywhere or could ever have what it takes to walk out the path ahead. Each of the thousands of people I have seen come through the door are in desperate need of the opportunity to experience what most of them never have; their stories to be heard and to be genuinely and gently loved in return, no strings attached. To all of our partners; thank you for allowing us to be there for them by being here for us.

VOLUNTEER —

Highlight

Hello, my name is Kirsten Davidson. I have been volunteering at the Choices Women's Center (CWC) since the summer of 2023. I mainly volunteer at the front desk as a receptionist. However, as the first face clients see, I feel it is a special and unique position!

I had known of CWC before volunteering and loved the care and support they provided for our community. It wasn't until after my unplanned pregnancy that I felt a nudge to offer my time and services. Two months after my



Beyond volunteering, I am studying to get a degree in Business Management through Germanna, serve at Stafford Crossing Community Church with the youth and nursery plus work part-time making pizzas! Every day is a new blessing. Psalm 139:16



Want to Volunteer for IMGNLife?

FEELING UNEQUIPPED BUT PASSIONATE? WE WILL TRAIN YOU!

We are in desperate need of receptionists, client advocates, fatherhood advocates, and parenting class leaders!

The services we are able to offer our community and those facing unplanned pregnancies are only made possible by our amazing team of volunteers. We are looking for others to join our team and help encourage mothers and fathers to choose life for their children. When you offer your time and heart to our ministry we will make sure to fully equip and train you before you meet with any patients. Please consider this opportunity!

For questions/information: imgnlife.org/volunteer

Or email us: info@imgnlife.org

Client Story— Emily & Alex

NAVIGATING PARENTHOOD AND NEW BEGINNINGS

Emily and Alex were embarking on a new chapter in their lives. The young couple had recently moved to Virginia for Alex's job opportunity, bringing excitement and anticipation for their future together.

As they tried to settle into the area with friends, Emily continued to pursue her education and find a new routine. However, just as they adjusted to their new surroundings, Emily discovered she was pregnant. This news came as a shock. Uncertain of the impact this pregnancy would have on their plans and dreams, Emily shared the news with Alex. They spent many nights discussing their options, considering the implications for their budding careers and the challenges of raising a child far away from their families.

The couple sought out advice and information regarding all their options, which they found at our pregnancy center. The supportive environment helped them navigate the overwhelming array of emotions and uncertainties they were experiencing. They found comfort in sharing their concerns and hopes with those who understood the challenges of starting a family, especially unplanned. Through these discussions and soulsearching conversations, Emily and Alex found strength in their bond. They considered how their decision aligned with their values and aspirations in this new chapter of their lives. The support of our pregnancy center became a crucial anchor during this challenging time.



In the end, Emily and Alex made a decision to embrace parenthood, confident that the love and support they had built in their new community would help them navigate the joys and challenges of raising a child. As they prepared for this new adventure, Emily continued to pursue finishing her education, and Alex approached his work with a renewed sense of responsibility and determination.

The story of Emily and Alex reflects the resilience of a young couple facing an unplanned pregnancy while navigating the uncertainties of a new location. It highlights the importance of seeking support within a community and making decisions that align with one's values and aspirations.